



About University Student Food Security and Hunger Program Lankaran State University

LSU Hunger Prevention and Food Security Initiative – free policy

An official copy of this policy can be obtained upon request.

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Objective

The objective of Lankaran State University (LSU) Hunger Prevention and Food Security Initiative is to address the food security challenges faced by students, combat hunger and malnutrition, and promote healthy eating behaviors. Additionally, the program aims to educate students about proper nutrition and encourage sustainable, long-term solutions to ensure all students have access to nutritious and affordable food. The initiative also focuses on raising awareness and creating lasting solutions for food insecurity and hunger among students.

1. Program Key Components

Food Pantry

A dedicated on-campus food pantry will offer free non-perishable food items and fresh produce to students in need. The pantry will operate with a confidential access system to ensure privacy for students facing food insecurity. It will be open during key hours for ease of access.

- **Location:** Lankaran State University
- **Supported by:** [\[Trade Union Committee\]](#)

2. Nutrition Education and Meal Preparation Workshops

This component includes workshops aimed at educating students on healthy, budget-friendly eating and meal preparation. The workshops will be led by dietitians, local chefs, and nutrition experts, offering practical advice for students with limited kitchen resources or cooking knowledge.

Topics Covered:

- Cooking techniques
- Budget-friendly meal planning
- Understanding food labels
- Preparing nutritious meals from pantry staples

Frequency: Annual Workshops

Organization: [AFSA](#)

3. Collaboration with Local Organizations and Food Banks

The University will partner with local food banks, farms, and community organizations to secure fresh food, grants, and additional resources. These partnerships will provide both short-term relief and long-term solutions to improve food security for students.

Partners: Local farmers' markets, food banks, and non-profit organizations addressing hunger

4. Student Grant for Those with Financial Hardship

This program is designed to assist students facing financial difficulties, particularly those who are sole providers or unable to work due to family circumstances. The aim is to ensure these students have equal access to educational resources, food, and campus services.

Eligibility Criteria:

- Student must be currently enrolled at the university
- Financial hardship must be due to medical, economic, or other qualifying factors (e.g., loss of family income or incapacity to work)
- Supporting documentation (e.g., medical letter, unemployment record, financial statements) may be required

5. Hunger Prevention and Alleviation Policy for University Staff

The University is committed to supporting the well-being of all its staff, including addressing food insecurity. In recognition of the potential impact hunger can have on the health, productivity, and overall well-being of staff, the University provides interventions to prevent and alleviate hunger among its workforce.

6. Access to Food Resources for Staff

The University ensures that staff members experiencing food insecurity have access to food pantries or similar resources on campus. These resources are intended to provide temporary relief and support staff in meeting their basic nutritional needs.

Support Services and Advocacy

1. Food Security Case Management

Students facing food insecurity will have access to case management services. Staff will assist in managing available resources on campus, securing financial support for food, and connecting students to long-term solutions, including local community programs and federal food assistance.

2. Sustainability and Long-Term Solutions

The University is committed to sustainability efforts in food programs, including reducing food waste on campus and supporting local, sustainable food sources for campus dining services. These efforts are part of a long-term approach to creating lasting solutions for food security.